

## EXERCISE 1

Write the verb form of the noun.

Noun	Verb
1. modification	modify
2. emission	emit
3. offender	offend
4. transportation	transport
5. pollution	pollute



## EXERCISE 2

Answer the questions in full sentences.

1. What is organic food?

It is food that we grow without chemical fertilisers or genetic modifications.

2. Why is organic food better for your body?

It is better for your body because it generally has higher amounts of vitamins, minerals and essential acids than non-organic food.

3. Why is organic farming better for wildlife?

It encourages a very diverse range of wildlife to flourish.

4. Why is organic farming better at reducing climate change?

It uses recycled organic material (plant or animal) and does not use fossil fuels (natural gas) nor waste a lot of water.

5. What does "GM-free crop" mean?

It means crops which are not artificially or genetically modified.

6. Why is rearing animals organically kinder to animals?

It considers the animals' right to space, comfortable growth and easy interaction. E.g. conventional chickens are reared in cramped indoor conditions and low artificial light; whereas 'free range' chickens are reared with access to outdoor vegetation and space for interaction.

7. What does "food miles" mean?

It means the real cost of bringing food to the table.

8. What does "authentic" organic food mean?

It means local food or food grown organically and eaten in your region of the world.

**GROUP ACTIVITY**

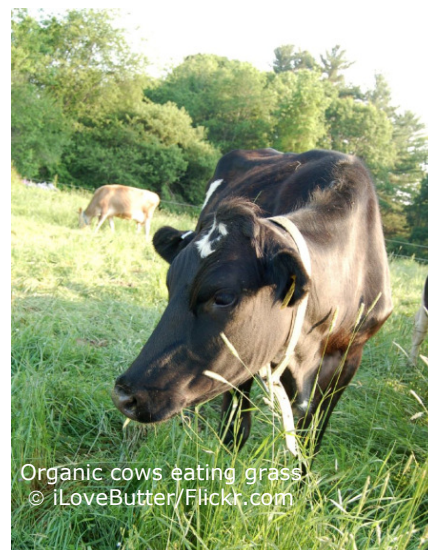
What is your organic food knowledge score? Take this quiz to find out.

1. Which food contains the smallest amount of pesticide when grown with conventional methods?
  - a) onion
  - b) carrot
  - c) celery

(Research has shown that carrots and celery contain the highest levels of pesticide.)
2. Organic farming often uses insects to control other insects. Name one such useful insect.
  - a. aphid
  - b. ladybug
  - c. cockroach

(Ladybugs also feed on aphids which damage plants.)
3. Organic farming doesn't use herbicides to control weeds. What methods are used to control weeds instead?
  - a. Tilling and rotating crops
  - b. Weeding and adding mulch
  - c. Both the above
4. To be labeled "U.S. Department of Agriculture Organic", what percent of a product must be organic?
  - a. 95%
  - b. 85%
  - c. 75%
5. How should you prepare meat to reduce possible exposure to pesticides?
  - a. Trim away excess fat and skin.
  - b. Cook meat thoroughly.
  - c. Both the above.

(Fat can hold and concentrate chemicals, so trimming away fat and skin and cooking meat thoroughly can help to reduce exposure to pesticides.)
6. What are organic eggs?
  - a. Eggs from chickens that have access to outdoor areas with vegetation
  - b. Chickens fed with organic food
  - c. Both the above



**Score: /6**